

# Cheyenne Heritage Quilters Patchwork Update

## September 2025

*Dedicated to encouraging and broadening quilter creativity, sharing quilting knowledge, exhibiting quilting accomplishments and contributing to the community.*

Visit us online at [chquilters.org](http://chquilters.org) or on Facebook: **Cheyenne Heritage Quilters**



## September 2, 2025 Program - Diana Fox

Born and raised in Denver, Diana Fox is a studio fiber artist and quilter passionate about textiles. She now resides in Parker, CO. Originally a traditional quilter, she transitioned to creating art quilts and has never looked back. She has earned numerous awards for her unique and captivating work, which tells stories of color, texture, and influences from nature. She has a

particular affinity for dyeing, surface design, and heavy stitching. Diana is a SAQA Juried Artist member and a member of an invitational art quilt group, 4 Common Corners. Additionally, she has mounted several solo exhibitions, including at the National Quilt Museum. She loves to teach and believes in gently inviting each student to tap into their creativity.

## 2025 CHQ Board Members

President	Diana Clark
Vice President	Marci Rulon
Secretary	Kathy Holt
Treasurer	Gina Vining
Hospitality	Kathie Krempels
Community Quilts Co-Chair	Donna Dolan
Community Quilts Co-Chair	Laraine Hutchison
Facebook Co-Chair	Cindi Young
Facebook Co-Chair	Vacant
Greeter	Sharon Waring
New Member Chair	Helen Jarvis
Newsletter Chair	Judy Gilmore
Website Chair	Judy Gilmore
Community Awareness	Diane Beffert
Opportunity Quilt Chair	Esther Trevino Neasloney
Challenge Quilt Chair	Mary Ellen Little
Quilt Show Chair	Sandra de Rusha

## President's Message - Diana Clark

**Arrggh! Hello September!**

Cooler Days Ahead even if we have an Indian Summer. Some really cool days this month and I appreciate this greatly having spent two weeks in either Iowa or Ohio. Hot and humid. Glad I live in Wyoming.

Christmas decorations and merchandise will be making their appearance this month.

Labor Day is September 1st in the United States, while most of the rest of the world celebrates International Working Class Day on May 1st. Congress wanted to separate Labor Day from May Day due to the violence that had been happening in demonstrations in the US. Grandparents Day is September 7th so make some quilts for your grandchildren or better yet teach them to make their own. Don't forget September 11th Patriots Day and my brother-in-law's birthday. He'll be old. September 21st is International Day of Peace and my baby's 40th birthday. My favorite is September 19th

International Talk Like a Pirate Day!

In honor of Pirate Day "What are a pirate's favorite socks?"



## 2025 Programs -

*Marci Rulon, Vice-President, Programs Chairman*

September 2, 2025 <b>Tuesday</b>	<b>Diana Fox</b> - My Journey from Traditional to Art Quilting - <b>guest fee \$5</b>
September 15, 2025	<b>Board Meeting</b> - 6:30 p.m.
October 6, 2025	<b>Diane Harris</b> - Extraordinary Scrap Quilts - <b>guest fee \$5</b>
October 7, 2025 <b>Tuesday</b>	<b>Diane Harris - Workshop</b> - StarQuar Quilt - Scrap Quilt
November 3, 2025	<b>Marcia (Martie) Nowell</b> , Studio 180 Rulers - <b>guest fee \$5</b>
December 1, 2025	<b>Christmas Party</b> by the Hospitality Committee
January 5, 2026	<b>Cleata Zlenka and Debbie Przymus</b> Trunk Show

*Doors open at 6:30 p.m. Meeting starts at 7 p.m.  
Feel free to let Marci know if you have suggestions for programs.*

## Small Groups

### Afternoon Quilters

*Debbie Baldwin  
Meets every Tuesday at the Library  
Starts at 9:00 a.m.*

### Community Quilts

*Donna Dolan  
Meets second Wednesday of the month  
at the Library. Starts at 10:00 or 11 a.m.  
depending on room.*

### Quilting Cowpokes

#### Quilts of Valor (QOV) Group

*Marilyn Lanham  
Meets first Tuesday of month at  
Our Savior Lutheran Church on  
East Dell Range.  
Bring a carry in lunch to share if you want.  
9:00 a.m. - 3:00 p.m.*

### Paper Piecers

*Robin Dempsey  
Meets from 10 a.m. - 3 p.m.  
In Allison Hall starting in August.*

*Remaining dates for 2025*

*Friday, August 8  
Friday, September 12  
Friday, October 10  
Friday, November 7  
Friday, December 12*

**We need a volunteer to lead in 2026**

### Open Sew

*Cindi Young  
Meets 3rd Wednesday of each month  
First United Methodist Church,  
in Allison Hall.  
\$3 donation requested.*

*This opportunity is for you to work on your  
own projects. You need to bring everything you  
will need to sew, including your own cutting  
mat and small personal iron, no large irons  
allowed. Please bring an extension cord.*

*Please bring your own lunch, or you can go out  
for it. Come whenever, leave whenever.*

*For questions, please contact Cindi Young:  
970-631-7814 cindiyoung69@gmail.com*

*Upcoming Dates:*

*August 20..... 9:00 a.m. - 4:00 p.m.  
September 17 ..... 9:00 a.m. - 4:00 p.m.  
October 15..... 9:00 a.m. - 4:00 p.m.  
November 19..... 9:00 a.m. - 4:00 p.m.  
December 17 ..... 9:00 a.m. - 4:00 p.m.*



## September

**Flannel Quilt** Sept. 1, 10:30-4

**Christmas Club** Sept. 6, 1-5

**Potluck** Sept. 13, 1-5

**Scrap Crazy** Sept. 20 10:30-4

**Mini Curves for Sew Wonderful**  
Sept. 27, 10:30-4

**Block of the Month**, 10:30, First Sat. of month  
**Hand Embroidery Club**, 2nd Sat. of the month,  
10-noon, FREE

**Knit Pickers' Club**, 2nd and 4th Wed. of  
each month, 2-5, FREE

**Summer Hours: M-S 10-5:30, closed 1<sup>st</sup> Sunday**  
453 Vandehei Avenue - Suite 120 - 307-433-9555

See [aroundtheblockquilts.com](http://aroundtheblockquilts.com) for full schedule



## StarQuar Scrap Quilt

By Diane Harris, The Stash Bandit

**Tuesday, October 7, 2025 / 10:00 am to 4:00 pm**  
**Hosted at - Laramie County Library, Cottonwood Room**

In this class, you will find out how to mix your scraps into a wonderful quilt using imagination, improv, and color magic. Cut scraps into one useful patch size and make these blocks without any fuss at all. Let Diane show you the secrets to great scrap quilts. You won't want to miss it!

**\$60 for CHQ members / \$70 for nonmembers**

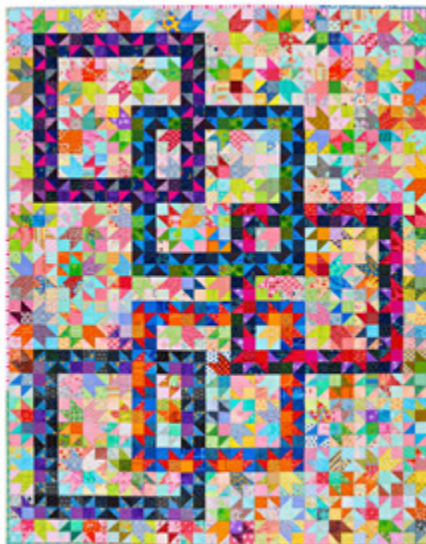
**Minimum / Maximum number of participants 20 / 24**

**Please bring a bag lunch**

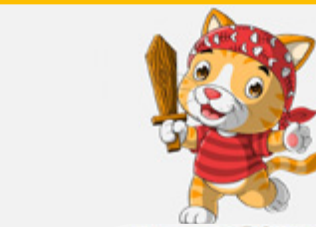
**Signup with Marci Rulon  
CHQ Program Director**

**Supply list included with payments**

**Registration confirmed upon payment**



Thank you to Joyce Holub for doing such a good job of selling the club's books as we close the library. Hopefully you have all taken a look and purchased the books you like. Remaining books will be on sale at the Boutique at the Quilt Show.



The answer is:  
**Arrgyle!**

## Meet Essence

By Fran Gulick

Annabelle now  
available in a kit!



## Yardage Precuts Patterns

**LONE TREE**  
 • FABRIC •

523 W 27th ST SUITE C Cheyenne, WY 82001



Click on  
Picture to  
go to site



**The Cheyenne Art Show was access. Thank you to those that stopped by.**

**A big thank you to my quilting friends. I enjoy quilting your Quilt Tops and what you have made.**

**Along other lines.** Coffee Cups, Pin Cushions, Dish Towels, etc.. Official UW products for sale

**Remember to leave voice message or text with your name and number.**

**Embroidery for** jackets, T-shirts, shirts, hats and more. Call for a quote.

Also to those that are struggling with learning how to read a pattern, Knitting or Crocheting I am happy to help.

**My supply order goes in on the 1<sup>st</sup> and 15<sup>th</sup>** if you would like to place an order for supplies. I do have sewing needles and thread in stock.

Call or Text 308-641-8638 leave a message I will return your calls at lunch time or after 4:30 pm .

Individual one on one workshop for those who are learning to sew. Also those who would like to make their first quilt. Give me a call and we will get you started. **Feel free to text me at 308-641-8638.**

Have a great September.



## COMMUNITY QUILTS - Donna Dolan & Laraine Hutchison

Thank you so much to all of our members who make so many quilts each month!



Community Quilts had a donation from someone who worked in a quilt store in Omaha that included twin quilts, table runners & wall hangers for our boutique & bags of pre-washed wool for applique. Thank you.

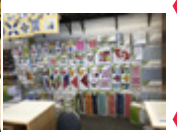
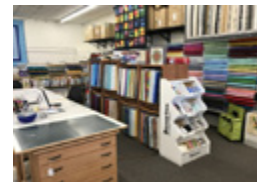
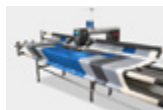
### Community Quilts Sizes

Baby: 42" by any size  
Lap/Youth: 45" or more by anything but less than twin  
Adult lap quilts: 56" x 76"  
Twin: 63" by 87"

**BERNINA**  
made to create

**AUTHORIZED  
DEALER!**

**JANOME**  
**AUTHORIZED DEALER**



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**We Repair ALL Brands**

**Sewing Center**  
of Cheyenne

[www.SewCenterWY.com](http://www.SewCenterWY.com)

**Mon-Fri 9-5  
Sat 10-4:30**

**1511 Logan Ave.  
307-778-2717**

## QUILTS ALONG THE PLATTE



The **Goshen County Quilt Guild** will host their **Annual Quilt Show** at the Goshen County Fair Grounds - Rendezvous Center 4740 US 26, Torrington, Wyoming

**September 19 - 21**

They expect 150 quilts with special displays for quilters who show their first quilt made to their current quilt.

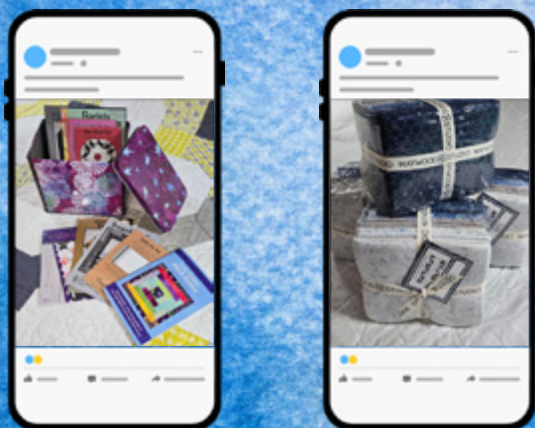
Hours are:

September 19, 10 a.m. - 5 p.m.

September 20, 10 a.m. - 5 p.m.

September 21, 11 a.m. - 3 p.m.





[www.QuiltEssentialsLaramie.com](http://www.QuiltEssentialsLaramie.com)

An online quilt shop in Laramie, WY

Kara Enyeart, Owner

307-760-4519

[www.facebook.com/QuiltEssentials](https://www.facebook.com/QuiltEssentials)

[kara@quiltessentialslaramie.com](mailto:kara@quiltessentialslaramie.com)

## Declutter and Share - Judy Gilmore

It seems we have members who have things they don't want anymore, so this is a way to share those things with each other. We'll list your name and a short description of what you have available in the newsletter. We don't need to include phone numbers, or addresses if you don't want to have them online, because members can get that info from the online password protected roster. Contact Judy at [underthebluesky92@gmail.com](mailto:underthebluesky92@gmail.com) if you have trouble downloading the roster or have something for the Declutter and Share list.



Cat Wissner has an adjustable art/drafting table free to a good home. It has a heavy duty flexible protective vinyl covering over the table. The table has one small area of damage, which doesn't impact the use of the table. The table is approximately 42 inches long by 32 inches wide. When assembled the table is approximately three feet tall and is height adjustable and the table is adjustable from flat to vertical.

Contact Cat at: [underthebluesky92@gmail.com](mailto:underthebluesky92@gmail.com)

Mari Harpold has a Janome Memory Craft 6500 for sale. Works great...has clear extension table and several other extras. This machine is a low shank machine. It also has a knee lift, 135 built in stitches and alphabet as well as several buttonhole styles, thread cutter, and needle down features.

Also includes a rolling suitcase for travel. Belonged to a quilting friend who recently passed. Asking \$550.

Contact Mari at: 970-482-0439 (landline)



## New Member's Corner - Helen Jarvis

Please welcome these new members to CHQ:

Jonna Hilzer-Dickie, Karen Vorderberg, Diane Hall,  
and Barbie Coonts

## A Note to New Members - About Committees and Elections

Our club holds elections every year for President, Vice-President (Programs Chair), Secretary, and Treasurer. We also have many appointed positions that support these positions. If you have an interest in volunteering for something more in the club, please ask any member, board member about what it entails. There is also information in the Bylaws booklet posted online at [chquilters.org](http://chquilters.org).



If you are a new member and haven't received a packet with instructions for how to make your nametag, please let someone at the front desk know.



**Captain Stitch**

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Certified Sewing Machine  
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An appointment  
Today

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**Captain Stitch**

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Yearly servicing, cleaning, and oiling available for all  
brands of Sewing Machines.

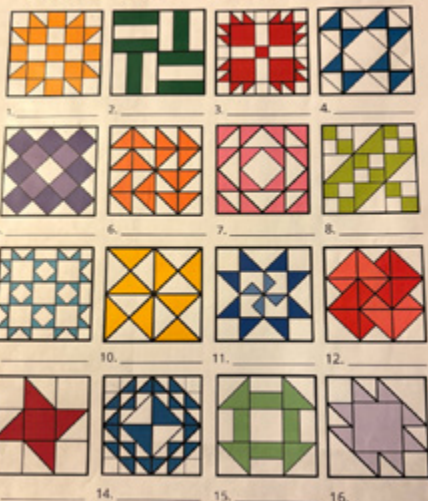




## August 4, 2025 Program - "Getting to know You" social



### NAME THAT QUILT BLOCK



### Name that quilt Block

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_

Answers on page 12

Kathie K., Donna D., Dawn W. and



Everyone who attended the Social received a tiny paper quilt block as they entered and checked in. That block was their clue as to which table would be theirs for the evening.

The Quilt Block signs on the tables guided the way to our tables where we found snack mix to enjoy before the activities began. Later we guessed the name of those blocks.

**Try your hand if you'd like to.**

Some members brought 9.5" quilt blocks for a drawing and the table of blocks was soon full of colors.

We also played Bingo about sewing items later using buttons as markers.





## August 4, 2025 Program - "Getting to know You" social

Another activity helped us get to know each other better. Each table had something taped under one chair - a gift for the person who was to be the scribe for the activity. The scribe kept track as those at the table who shared their **"fun, non-quilting, little-known fact about themselves!"**

After the people at the table shared their fact, each table chose one of the responses to share with the whole room, and everyone tried to guess who that

unusual fact described. Try your hand at the list below if you want to share in the fun.

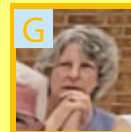
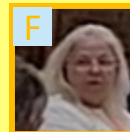
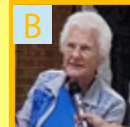
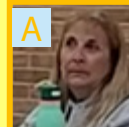
There was also a magnificent cake - chocolate AND vanilla. Thanks to Kathie Krempels and her terrific committee for a fun-filled evening.



### Fun facts Game - can you guess who these fun facts are about?

1. I was a Trap Shooter
2. I placed in the National Senior Games in 1500 meters
3. I rode in a private airplane going to a game
4. I shoot Competitive pistols
5. I was a can can dancer for Melodrama and played the vamp
6. I am a journeyman electrician and was a hairdresser before that
7. I wrecked a corvette and lived to tell about it
8. I swam from the U.S.A. to Canada over the St. Lawrence seaway
9. I was in the military and was on the woman's drill team
10. I am a longarm quilter but I have never made a quilt

(Answers at the bottom of the page)



### Your Choices

- A. Diane Beffert
- B. Shirley Christian
- C. Gayle Davis
- D. Helen Jarvis
- E. Todd MaCoubrie
- F. Sheryl McDaniel
- G. Kim Oberstadt
- H. Devonna Reiner
- I. Marci Rulon
- J. Kate Schaumann

### Answers to

- NAME THAT QUILT BLOCK**
1. Sister's Choice
  2. Ribbon, Rail Fence
  3. Bear Paw
  4. Broken Dishes
  5. Grandmother's Pride
  6. Dutchman's Puzzle, Flying Geese
  7. Square Deal
  8. Jacob's Ladder
  9. Corner Star
  10. Yankee Puzzle
  11. Martha Washington
  12. Card Trick
  13. Friendship Star
  14. Corn & Beans
  15. Churn Dash
  16. Anvil

### Show & Tell- July 7, 2025



Mona W.  
Block of the month  
Quilt



Angela M.  
Loving Wishes Quilt

**Fun facts Answers** - 1-B, 2-H, 3-A, 4-J, 5-I, 6-F, 7-D, 8-G, 9-C, 10-E.



Thanks to  
everyone who  
entered quilts in the  
fair this year.



## Quilt Show 2025 Demonstrations - Judy Gilmore and Kathie Krempels

Thanks to all of you who attended our demonstrations this year. It was a wonderful showing of quilting talent.  
Please thank our demonstrators in person if you get a chance.



**Stacey Miller**  
**Prepare for the longarmer**



**Esther Trevino-Neasloney**  
**Creating an Art Quilt**



**Shirley Christian**  
**Hand Appliqué on Wool**



**Brittney Habercorn**  
**Improv Tote Bag**



**Keith Blaney**  
**Sampler Quilts**



**Marci Rulon**  
**Setting Quilts on Point or Straight**



## Message from the Opportunity Quilt Chair- *Esther Trevino-Neasloney*

Well it was another successful year for the 2025 Quilt Show. Thank you to everyone who played a part in making it a success.

It was late start and slow going for the Opportunity Quilt but it was accomplished. We want to thank the following ladies for stepping up and taking the responsibility of making this year's fabulous quilt. Thank you for your talent, dedication and generosity. You all had a part in making something truly special that will bring warmth and joy to the winner of this quilt.

Mary Ellen Little, Cathy James, Kathy Holt, Char Nolan, Linda Bruner, Devonna Reiner, and Deb Baldwin.



*Opportunity Quilt Winner -  
Robbin Dempsey*



## Call for Quilts - *Diana Clark*

On Monday, August 18, 2025, more than 100 quilts came together as members brought them to be checked in for the Quilt Show. The volunteers worked quickly and soon all the quilts were tucked away to wait for the event.





### Pieced Quilt - Small

- 1st place – Peace cranes Over Hiroshima**  
by Stacy Miller  
**2nd Place – Milk Can and Flowers** by  
Diane Hall  
**3rd Place – Chicken Legs** by Cindi Young



- 1st place – A Deer for my Dear** by Deb Koerwitz  
**2nd Place – Cadence Court** by Rachel Manley  
**3rd Place – Guess Who!!** by Judy Gilmore

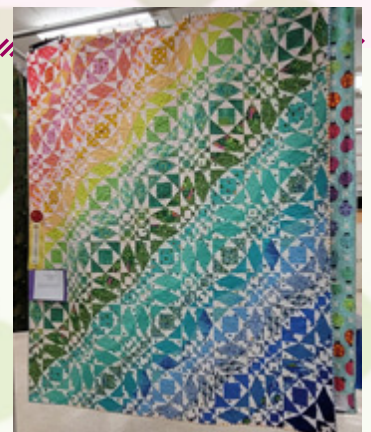


### Pieced Quilt - Medium



### Pieced Quilt - Large

- 1st place – Tula Pink Butterfly** by Bonnie Ross  
**2nd Place – Swallows in Summer** by Keith Blaney  
**3rd Place – Rainbow Waves** by Stacy Miller





**Pieced Quilt -  
Extra-Large**



**1st place – Fiesta Stars** by Lone Pedersen  
**2nd Place – Violets** by Dee Salo  
**3rd Place – My Covid Stashbuster Quilt:  
 Staying Home and Staying Safe** by  
 Deb Koerwitz



**Applique/Embroidery  
Quilt**



**Applique/Embroidry**  
**1st place – Snow Days – Crabapple  
 Hill** by Kathy Sconce  
**2nd Place – Home is where my Flock  
 Is** by Kathy Sconce  
**3rd Place – Critter & Clover** by Peggy  
 Stumpf



**Quilting - machine  
or hand**

**Quilting**  
**1st place – Nana's Quilt**  
 by Marci Rulon





## Art Quilt



- 1st place – Little Red Riding Hood** by Angela McPherson  
**2nd Place – Hey Vincent, Nice Painting!** by Deb Koerwitz  
**3rd Place – Clam-a-Licious** by Deb Koerwitz



## Challenge Quilt 2025 - Mary Ellen Little

### WHO ARE YOU ?????

Depending on when you were born you have a zodiac sign "What's Your Sign?". You have a birthstone and even a flower. Then there are the Chinese zodiac signs which are based on the year you were born.

Your challenge is to create a quilt that you feel might describe who you are inspired by any or all of the above ideas. Use any quilting method and materials to tell your story. Include a brief statement about your quilt.

Size: The perimeter will be no less than 48 inches and no more than 120 inches.



## Challenge Quilt

- 1st place - The Morning Glory Maiden** by Angela McPherson  
**2nd Place - Aeries - "Who Am I?"** by Esther Trevino Neasloney  
**3rd Place – April Fool** by Jo Ellen Mass



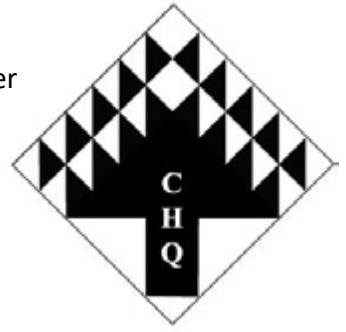
# CHEYENNE HERITAGE QUILTER REGISTRATION FORM

Year \_\_\_\_\_

Please fill out and submit with \$30.00 to:

Cheyenne Heritage Quilters; P.O. Box 21194; Cheyenne, WY 82003; Attn: Treasurer

Your membership is valid from January through December



*Please fill out the entire form, even if there were no changes from last year.*

Renewal Membership ☐ New Member ☐

## Please Print

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Cell Phone \_\_\_\_\_ Landline \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_ Office Use \_\_\_\_\_

Amount Paid: \_\_\_\_\_ Cash \_\_\_\_\_ Check number: \_\_\_\_\_

Updated 8-10-2024

## General Club Information

### Guest Policy

Please invite friends to attend meetings. All skill levels and non-quilters are welcome. Non-members may attend two meetings at no charge.\* After attending two free meetings, the non-member must pay \$2.00 per meeting.

*\*If we have a paid speaker, the non-member must pay \$5, but this meeting will not count as one of their free meetings.*

### Articles & Advertisements for Newsletter

Ads and articles must be quilt, craft or sewing related. They must be "copy" ready. The newsletter editor is not responsible for typing your information. Ad size is 3.5" wide x 4.5" tall. Articles for the Newsletter can be e-mailed to [quiltingfriends307@yahoo.com](mailto:quiltingfriends307@yahoo.com) no later than the 3rd Wednesday of each month.

### Cell Phones

We ask that cell phones be silent or off, and that emergency conversations be held out of the room.

### Show & Tell Guidelines

Show one or more projects. Please share information regarding each piece.

### Meeting Location & Schedule

We meet at the First United Methodist Church, 108 E. 18th St. in Cheyenne, Wyoming, on the first Monday of most months starting at 7 p.m. Please view the newsletter for exact meeting dates and programs as we sometimes change meeting dates to avoid holidays. During the meetings you will have access to our library.

Doors open at 6:30 p.m. Please feel free to come early and help set up or to socialize.

### How to Reach Us

**Website:** [chquilters.org](http://chquilters.org)

**Facebook:** <https://www.facebook.com/groups/151036836442851>

**E-mail:** [info@chquilters.org](mailto:info@chquilters.org)

**Address:** CHEYENNE HERITAGE QUILTERS  
PO BOX 21194  
CHEYENNE, WY 82003